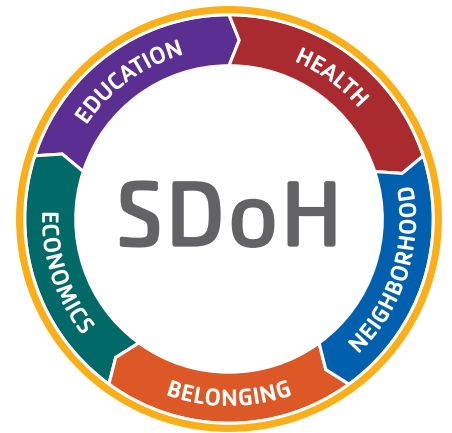


# WE ARE DRIVERS

*Social [drivers] of health (SDOH) are the conditions in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.*

US Department of Health and Human Services (Health.gov)



## People-Driven

At YMCA of the North, our goal is to eliminate barriers and improve access to wellbeing by addressing the Social Drivers of Health (SDoH).



**Health Equity**



**Neighborhood and Community**



**Belonging and Civic Health**



**Economic Prosperity**



**Educational Equity**

The *Social Determinants of Health* were created by the US Department of Health and Human Services and is foundational to our work at YMCA of the North.

## Why Drivers?

Determinants are static and unchanging, while drivers are nimble and active.

Drivers are the conditions that affect community, and they are the people who influence those conditions.

**We are drivers.**

## Community-Responsive

We partner with community to activate solutions and change outcomes for a just and hopeful future.

Partnering with Communities	Activating Solutions	Changing Outcomes	Just and Hopeful Futures
We help communities eliminate barriers to collective wellbeing by addressing inequities, disparities, and access.	To activate solutions, we center marginalized communities, including African American and Indigenous children and families, new Americans, veterans, and more.  We also partner with leaders across sectors to change systems that impact lives.	We change outcomes with high-impact strategies: <ul style="list-style-type: none"> <li>Human-centered engagement</li> <li>Intentional partnerships</li> <li>Proven models for program, service, and practice delivery</li> <li>Inclusive leadership for inspired change</li> </ul>	Transforming people and systems to: <ul style="list-style-type: none"> <li>Improve civic health and create belonging</li> <li>Increase educational and career pathways</li> <li>Stabilize housing and create prosperity</li> <li>Protect and support youth and families</li> </ul>

YMCA OF THE NORTH

[ymcanorth.org/5DoW](http://ymcanorth.org/5DoW)

The YMCA is a 501(c)(3) not-for-profit social services organization.



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FOR SOCIAL RESPONSIBILITY