



# North Region Sports Programs Schedule

Shoreview, White Bear, Maplewood, Forest Lake

2024 Session 5, October 21 - December 15

## SPORTS PROGRAMS

### LEAGUES

LEAGUES let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn't just for kids- high school and adult leagues are available too!

*Note: a structured game or meet schedule will be developed and issued the second week of the session on Friday.*

### CLASSES

In CLASSES, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

### SCHOOL'S OUT SPORTS CAMPS

At SCHOOL'S OUT SPORTS CAMPS, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

### CLINICS

CLINICS let kids try out a sport they're curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

## YOUTH LEAGUES starting week of October 21

## Games/meets take place starting Week 3

### BASKETBALL

<b>Girls Grades 1 - 2 at Shoreview YMCA</b> Games/meets take place on Saturdays	Mon 5:45 pm to 6:45 pm	\$119 member / \$149 non-member
<b>Boys Grades 1 - 2 at Shoreview YMCA</b> Games/meets take place on Saturdays	Mon 5:45 pm to 6:45 pm	\$119 member / \$149 non-member
<b>Boys Grades 1 - 2 at White Bear Area YMCA</b> Games/meets take place on Saturdays	Mon 5:45 pm to 6:45 pm	\$119 member / \$149 non-member
<b>Girls Grades 1 - 2 at Maplewood YMCA Community Center</b> Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 1 - 2 at Maplewood YMCA Community Center</b> Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 1 - 2 at Forest Lake YMCA</b> Games/meets take place on Saturdays	Tue 5:45 pm to 6:45 pm	\$119 member / \$149 non-member
<b>Boys Grades 1 - 2 at Forest Lake YMCA</b> Games/meets take place on Saturdays	Tue 5:45 pm to 6:45 pm	\$119 member / \$149 non-member
<b>Girls Grades 1 - 2 at White Bear Area YMCA</b> Games/meets take place on Saturdays	Wed 5:45 pm to 6:45 pm	\$119 member / \$149 non-member
<b>Girls Grades 3 - 4 at Shoreview YMCA</b> Games/meets take place on Saturdays	Mon 6:45 pm to 7:45 pm	\$119 member / \$149 non-member
<b>Boys Grades 3 - 4 at Shoreview YMCA</b> Games/meets take place on Saturdays	Mon 6:45 pm to 7:45 pm	\$119 member / \$149 non-member
<b>Boys Grades 3 - 4 at White Bear Area YMCA</b> Games/meets take place on Saturdays	Mon 6:45 pm to 7:45 pm	\$119 member / \$149 non-member
<b>Girls Grades 3 - 4 at Maplewood YMCA Community Center</b> Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 3 - 4 at Maplewood YMCA Community Center</b> Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 3 - 4 at Forest Lake YMCA</b> Games/meets take place on Saturdays	Tue 6:45 pm to 7:45 pm	\$119 member / \$149 non-member
<b>Boys Grades 3 - 4 at Forest Lake YMCA</b> Games/meets take place on Saturdays	Tue 6:45 pm to 7:45 pm	\$119 member / \$149 non-member

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*Class availability varies by location. Schedules subject to change. Please visit [ymcanorth.org](http://ymcanorth.org) for updated class listings.*

<b>Girls Grades 3 – 4 at White Bear Area YMCA</b> Games/meets take place on Saturdays	Wed 5:45 pm to 6:25 pm	\$ 119 member / \$149 non-member
<b>Girls Grades 5 – 6 at Shoreview YMCA</b> Games/meets take place on Saturdays	Mon 7:45 pm to 8:45 pm	\$ 119 member / \$149 non-member
<b>Boys Grades 5 – 6 at Shoreview YMCA</b> Games/meets take place on Saturdays	Mon 7:45 pm to 8:45 pm	\$ 119 member / \$149 non-member
<b>Boys Grades 5 – 6 at White Bear Area YMCA</b> Games/meets take place on Saturdays	Mon 7:45 pm to 8:45 pm	\$ 119 member / \$149 non-member
<b>Girls Grades 5 – 6 at Maplewood YMCA Community Center</b> Games/meets take place on Saturdays	Tue 6:30 pm to 7:30 pm	\$ 119 member / \$149 non-member
<b>Boys Grades 5 – 6 at Maplewood YMCA Community Center</b> Games/meets take place on Saturdays	Tue 6:30 pm to 7:30 pm	\$ 119 member / \$149 non-member
<b>Girls Grades 5 – 6 at Forest Lake YMCA</b> Games/meets take place on Saturdays	Tue 7:45 pm to 8:45 pm	\$ 119 member / \$149 non-member
<b>Boys Grades 5 – 6 at Forest Lake YMCA</b> Games/meets take place on Saturdays	Tue 7:45 pm to 8:45 pm	\$ 119 member / \$149 non-member
<b>Girls Grades 5 – 6 at White Bear Area YMCA</b> Games/meets take place on Saturdays	Wed 7:45 pm to 8:45 pm	\$ 119 member / \$149 non-member
<b>Girls Grades 7 – 8 at Shoreview YMCA</b> Games/meets take place on Saturdays	Mon 7:45 pm to 8:45 pm	\$ 119 member / \$149 non-member
<b>Boys Grades 7 – 8 at Shoreview YMCA</b> Games/meets take place on Saturdays	Mon 7:45 pm to 8:45 pm	\$ 119 member / \$149 non-member
<b>Boys Grades 7 – 8 at White Bear Area YMCA</b> Games/meets take place on Saturdays	Mon 7:45 pm to 8:45 pm	\$ 119 member / \$149 non-member
<b>Girls Grades 7 – 8 at Maplewood YMCA Community Center</b> Games/meets take place on Saturdays	Tue 6:30 pm to 7:30 pm	\$ 119 member / \$149 non-member
<b>Boys Grades 7 – 8 at Maplewood YMCA Community Center</b> Games/meets take place on Saturdays	Tue 6:30 pm to 7:30 pm	\$ 119 member / \$149 non-member
<b>Girls Grades 7 – 8 at Forest Lake YMCA</b> Games/meets take place on Saturdays	Tue 7:45 pm to 8:45 pm	\$ 119 member / \$149 non-member
<b>Boys Grades 7 – 8 at Forest Lake YMCA</b> Games/meets take place on Saturdays	Tue 7:45 pm to 8:45 pm	\$ 119 member / \$149 non-member
<b>Girls Grades 7 – 8 at White Bear Area YMCA</b> Games/meets take place on Saturdays	Wed 7:45 pm to 8:45 pm	\$ 119 member / \$149 non-member
<b>SOCCER</b>		
<b>All Gender Ages 8 and under at Maplewood YMCA Community</b> Games/meets take place on Saturdays	Mon 5:30 pm to 6:30 pm	\$ 119 member / \$149 non-member
<b>All Gender Ages 8 and under at Forest Lake YMCA</b> Games/meets take place on Saturdays	Mon 5:45 pm to 6:45 pm	\$ 119 member / \$149 non-member
<b>All Gender Ages 8 and under at White Bear Area YMCA</b> Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$ 119 member / \$149 non-member
<b>All Gender Ages 8 and under at Shoreview YMCA</b> Games/meets take place on Saturdays	Tue 5:45 pm to 6:45 pm	\$ 119 member / \$149 non-member
<b>All Gender Ages 10 and under at Maplewood YMCA Communi</b> Games/meets take place on Saturdays	Mon 5:30 pm to 6:30 pm	\$ 119 member / \$149 non-member
<b>All Gender Ages 10 and under at Forest Lake YMCA</b> Games/meets take place on Saturdays	Mon 6:45 pm to 7:45 pm	\$ 119 member / \$149 non-member
<b>All Gender Ages 10 and under at White Bear Area YMCA</b> Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$ 119 member / \$149 non-member

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<b>All Gender Ages 10 and under at Shoreview YMCA</b> Games/meets take place on Saturdays	Tue 6:45 pm to 7:45 pm	\$119 member / \$149 non-member
<b>All Gender Ages 12 and under at Maplewood YMCA Community Center</b> Games/meets take place on Saturdays	Mon 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
<b>All Gender Ages 12 and under at Forest Lake YMCA</b> Games/meets take place on Saturdays	Mon 7:45 pm to 8:45 pm	\$119 member / \$149 non-member
<b>All Gender Ages 12 and under at Shoreview YMCA</b> Games/meets take place on Saturdays	Tue 7:45 pm to 8:45 pm	\$119 member / \$149 non-member
<b>All Gender Ages 12 and under at White Bear Area YMCA</b> Games/meets take place on Saturdays	Tue 7:45 pm to 8:45 pm	\$119 member / \$149 non-member
<b>All Gender Ages 14 and under at Maplewood YMCA Community Center</b> Games/meets take place on Saturdays	Mon 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
<b>All Gender Ages 14 and under at Forest Lake YMCA</b> Games/meets take place on Saturdays	Mon 7:45 pm to 8:45 pm	\$119 member / \$149 non-member
<b>All Gender Ages 14 and under at Shoreview YMCA</b> Games/meets take place on Saturdays	Tue 7:45 pm to 8:45 pm	\$119 member / \$149 non-member
<b>All Gender Ages 14 and under at White Bear Area YMCA</b> Games/meets take place on Saturdays	Tue 7:45 pm to 8:45 pm	\$119 member / \$149 non-member

*Boys and Girls Leagues may be combined in cases of low registration.*

## ADULT & HIGH SCHOOL LEAGUES Starting the week of 10/28. No programs 12/22

<b>VOLLEYBALL</b>		
<b>Women's League at Maplewood YMCA Community Center</b> <i>Competitive</i>	Wed 6:00 pm to 8:00 pm	\$400 team / \$65 individual
<b>Women's League at Maplewood YMCA Community Center</b> <i>Recreational</i>	Thu 6:00 pm to 8:00 pm	\$400 team / \$65 individual

## CLASSES No class on October 31st

<b>RACKET SPORTS</b>		
<b>Pickleball Class: Beginner</b>		
<b>White Bear Area YMCA</b> Class meets 7 times starting October 21	Mon 12:00 pm to 1:00 pm	\$74 member / \$95 non-member
<b>Maplewood YMCA Community Center</b> Class meets 7 times starting October 22	Tue 9:00 am to 10:00 am	\$74 member / \$95 non-member
<b>Pickleball Class: Intermediate</b>		
<b>White Bear Area YMCA</b> Class meets 7 times starting October 21	Mon 1:30 pm to 2:30 pm	\$74 member / \$95 non-member
<b>Maplewood YMCA Community Center</b> Class meets 7 times starting October 22	Tue 10:00 am to 11:00 am	\$74 member / \$95 non-member
<b>Maplewood YMCA Community Center</b> Class meets 7 times starting October 22	Tue 11:00 am to 12:00 pm	\$74 member / \$95 non-member

## PROGRAM LOCATIONS

**Forest Lake YMCA**

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19845 Forest Rd N	Forest Lake	MN	55025
<b>Maplewood YMCA Community Center</b>			
2100 White Bear Ave N	Maplewood	MN	55109
<b>Shoreview YMCA</b>			
3760 Lexington Ave N	Shoreview	MN	55126
<b>White Bear Area YMCA</b>			
2100 Orchard Ln	White Bear Lake	MN	55110

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