



SUMMER 2024 – Sample Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>
-Sweet & Sour Chicken OR Tofu -White Rice -Roasted Broccoli SALAD BAR	-Turkey Salad OR Chickpeas and Swiss Cheese -Ciabatta Buns -Edamame Quinoa Salad SALAD BAR	-Southwest Shredded Beef Bowls with Vegan Mexi Rice & Beans -Cilantro Lime Slaw -Chips, Salsa & Guacamole SALAD BAR	-BBQ Chicken Subs OR BBQ Tempeh Subs -Corn Chips -Cole Slaw SALAD BAR	-Burgers & Veg Burgers -Hamburger Buns -Pickled Bean Salad -Potato Chips -Burger Toppings SALAD BAR
<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>
-Du Nord Meatloaf OR Vegan Lentil Pie -Roasted Potatoes -Green Beans -Fresh Baked Bread -Blueberry Pie SALAD BAR	-Greek Chicken OR Vegan Kale & White Bean Soup -Roasted Baby Carrots -Wild Rice Pilaf -Fresh Baked Bread -Cookies SALAD BAR	-Veg Lasagna OR Vegan Italian Quinoa -Sweet Italian Sausage -Green Peas -Fresh Baked Bread -Chocolate Cake SALAD BAR	-Coconut Chicken Tandoori OR Vegan Pumpkin Curry -White Rice -Steamed Veggies -Fresh Baked Bread -Gingerbread SALAD BAR	-Bean & Veggie Enchilada Stackers OR Vegan Mexican Quinoa -Cumin Roasted Carrots -Fresh Baked Cornbread -Peach Pie SALAD BAR

Sample Menu ONLY, All Meals Subject to Change

Bread, Butter, Sunbutter & Jam are always available during meal times.