



YMCA CAMP NORTHERN LIGHTS

SUMMER PACKING LIST

EVERYDAY ESSENTIALS

INDIVIDUAL

- Face Mask
- Towels (bath, hand, kitchen, beach)
- Toiletries and medicines (toilet paper, garbage bags, hand and dish soap provided in cabins. Some common medicines and toiletries are also sold in our camp store)
- Flashlight/headlamp (no candles please)
- Swimsuits, water shoes or sandals, swim goggles
- Water bottle for each family member

GROUP

- Paper towels and napkins (paper towels provided for cabin cleaning)
- Charcoal for grill (we also sell this at camp)
- Food for meals, snacks and beverages (our camp store will have some essentials if you forget something)
- Condiments (salt and pepper provided)
- Coffee/tea (coffee filters provided)
- Ziploc bags, Saran Wrap, tinfoil, food storage containers
- Small first aid kit (camp has first aid kits, AEDs, and oxygen if needed)
- Fishing tackle, bait, and fishing license
- Bug spray and sunscreen
- Camera/phone/chargers
- Backpack and/or beach bag
- Fixin's for s'mores!

CAMPER PRO TIPS

These are things that our campers have said made they're time at camp easier and wanted to share them with you!

- Liquid Hand Soap (camp does provide bar soap)
- Dish wand and Sponges
- Clothes Line
- Wool socks, even though it's usually warm during the summer the nights can get chilly especially if it's rainy!
- Two swim suits so then you aren't always wearing a wet one!
- Items that are useful to kids in age groups: Backpack, Water Bottle, Sunscreen, Bug Spray and Shoes with back straps.
- If space or cooling groceries is an issue there is a Aldi's located in Virginia on your way to camp. if you shop there then you only have to have a crowded car for the last 45 minutes of your drive!

OUTERWEAR — INDIVIDUAL

- Hat and sunglasses for protection from the sun
- Warm hat for cold nights
- Rain gear
- Windbreaker or light jacket
- Variety of clothes (layers are best—temps up north can range quite a bit)
- Long sleeve shirts and pants (best for hiking and for bug protection)

CONTINUED



FOOTWEAR — INDIVIDUAL

- Shoes/boots that you can hike in and get wet
- Lightweight shoes (running, tennis, etc.) for evenings in camp
- Sport sandals/water shoes (flip flops are tough for hiking and playing!)

BEDDING — INDIVIDUAL

- Blankets and pillows (camp provides sheets and mattress covers in all cabins and bungalows)
- Favorite blankie or stuffed animal!

ADDITIONAL ITEMS FOR A RAINY DAY OR FOR RELAXING TIME

INDIVIDUAL

- Book or journal
- Musical instruments
- Coloring books/art supplies (you will also have access to lots of art supplies at our Family Art Barn)

GROUP

- Board games
- Puzzles
- Playing cards

RECREATION EQUIPMENT

INDIVIDUAL

- Binoculars
- Life-jacket/PFD (Camp also has the capacity to provide one for each family member to keep for the duration of your session.)
- Yoga mat (we will also have some available)

GROUP

- Sports equipment (camp has some sports equipment to check-out, like soccer balls, volleyballs, ping pong paddles and balls, etc)
- Camping/beach chairs for sitting around the campfire or lounging at the beach (camp provides benches, picnic tables and some beach chairs)
- Canoe or Kayak Paddle

TENT SITES

- Tent/sleeping bags/sleeping pads/camping gear (it is a good idea to put up your tent prior to coming to camp to ensure it is in good repair)
- Camp chairs for sitting around the campfire
- Consider bringing a solar shower to limit crowding in the bathhouse
- Cook kit with pots and pans (camping dishes provided)
- Cook stove (if you don't want to cook over a fire)
- Cooler (ice sold in the camp store and you will also have a dedicated refrigerator for your site in the food cache)