



WOODBURY YMCA

SCHEDULE SUBJECT TO CHANGE

Updated: 11/17/2023

LAP POOL SCHEDULE

September 30th - October 6th, 2024

Please check for Private Swim Lane Reservations

LAP LANES ARE FOR LAP SWIMMERS ONLY - NO EXERCISE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:45am Lap Swim (4) Exercise (1) 7:45-8:05 CLOSED	5:00am - 8:00 am Lap Swim (4) Exercise (1) 8:00-8:20 CLOSED	5:00am - 7:00am Lap Swim (4) Exercise (1) 7:00-7:20 7:20am- 7:55am WATERBALL	5:00am - 8:00am Lap Swim (4) Exercise (1) 8:00-8:20 CLOSED	5:00am - 7:00am Lap Swim (4) Exercise (1) 7:00-7:20 7:20am- 7:55am WATERBALL	CLOSED	CLOSED
8:15am-9:00am Water X Class	8:30am-9:00am Water X Class	8:15am-9:00am Water X Class	8:30am-9:00am Water X Class	8:15am-9:00am Water X Class		
9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:00- 9:45am Lap Swim (3) Open Swim (2)	
10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	9:45 - 10:00am CLOSED 10am - 11am Water X Training	9:45 - 10:00am CLOSED 10am - 11am Water X Training
1:00pm- 4:30pm Lap Swim (3) Open Swim (2) School Age Care 1-3pm Private lesson (1) 3:30	1:00pm- 4:20pm Lap Swim (3) Open Swim (2) Private lesson (1) 3pm	1:00pm- 4:20pm Lap Swim (3) Open Swim (2) Private lesson (1) 2:30	1:00pm- 3:00pm Lap Swim (3) Open Swim (2) 3:00 - 4:20pm Lap Swim (2) Open Swim (2) Private lesson (1) 3:30 - 7:30pm	1:00pm- 3:00pm Lap Swim (3) Open Swim (2) 3:30 - 4:30pm Lap Swim (1) Open Swim (2) Private lesson (1) 4pm-5:30pm	11am - 12pm Lap Swim (1) Private lesson (1) 11-12/ 11-20 12:00 - 2:30pm Swim Lessons (1) Open Swim (2) Private lesson (2) 12-1:30/ 1pm- 2:30p 2:30 - 3:15pm Lap Swim (2) Exercise (1) Open Swim (2)	11:00am-3:30pm Lap Swim (2) Exercise (1) Open Swim (2)
4:30pm-6:30pm MSA SWIM TEAM 4:30-6:30 (2) Lap Swim (1)Open Swim (2) Private lesson (1) 4:30-5:00pm	4:30pm-6:30pm Swim Lessons (2) 4:30-7:30 Private Swim (1) 5:30 - 7:30pm Open Swim (2)	4:30pm-6:30pm MSA SWIM TEAM 4:30-6:30 (2) Swim Lessons (1) Open Swim (2)	4:30pm-6:30pm MSA Swim Team 4:30 - 6:30 (2) Swim Lessons (1) 5:40 & 6:50 Private Swim (2) 3:30-7:30pm/4:30 5:30pm Open Swim (1)	4:30pm-6:30pm MSA Swim Team 4:30 - 6:30 (2) Private Swim (1) 4pm-5:30pm Open Swim (2)	3:15 - 3:30pm CLOSED 3:30 - 4:45pm Water X Training	3:15 - 3:30pm CLOSED 3:30 - 4:45pm Water X Training
6:30pm-8:45pm Lap Swim (3) Open Swim (2)	6:30pm-8:45pm Lap Swim (3) Open Swim (2) Swim Lessons (2) 6:30-7:30pm Private lesson (1) 5:30 - 7:30pm	6:30pm-8:45pm Lap Swim (3) Open Swim (2) Swim Lessons (1) 6:30 - 7:30pm	6:30pm-8:45pm Lap Swim (3) Open Swim (2) Swim Lessons (2) 6:30 - 7:30pm Private lesson (1) 3:30 - 7:30pm	6:30pm-8:45pm Swim Lessons (1) 6:30 - 8:45pm Lap Swim (2) Open Swim (2)	CLOSED	CLOSED

During Lap Swim, you are required to share a lane with another swimmer if all lanes are full! This includes circle swim.



WOODBURY YMCA

SCHEDULE SUBJECT TO CHANGE

Updated: 6/5/2023

LEISURE POOL SCHEDULE

September 30th - October 6th, 2024

Private lessons may use part of pool if available

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:45am Open Swim (Slide area closed)	5:00am - 8:00am Open Swim (Slide area closed)	5:00am - 7:00am Open Swim (Slide area closed)	5:00am - 8:00am Open Swim (Slide area closed)	5:00am - 7:00am Open Swim (Slide area closed)	7:00 - 8:00am Open Swim (Slide Area Closed)	7:00 - 8:00am Open Swim (Slide Area Closed)
7:45 - 10:20am CLOSED	8:00 - 10:20am CLOSED	7:00am-10:20am CLOSED	8:00 - 10:20am CLOSED	7:00 - 10:20am CLOSED	8:00 - 9:00am Open Swim	8:00 - 11:00pm Open Swim
10:20am-1:00p Open Swim (Slide Area Closed)	10:20am-2:00pm Open Swim (Slide Area Closed)	10:20am-4:20pm Open Swim (Slide Area Closed)	10:20am-2:00pm Open Swim (Slide Area Closed)	10:20am-4:00pm Open Swim (Slide Area Closed)	9:00 - 12:00pm Swim Lessons (Areas will be closed off for lessons)	11:00 - 12:00pm Open Swim (Slide Area Closed)
1:00 - 3:00 pm School Age Care & Open Swim					12:00 - 3:00pm Open Swim Slide Running (12pm-3pm)	12:00 - 4:45pm Open Swim Slide CLOSED
3:00 - 4:00pm Open Swim (Slide Area closed)	2:00 - 4:20pm Open Swim		2:00 - 4:20pm Open Swim	4:00 - 5:00pm Open Swim	3:00 - 4:45pm Open Swim Slide CLOSED	
4:00- 8:45pm Open Swim	4:20 - 7:30pm CLOSED FOR SWIM LESSONS	4:20 - 7:30pm CLOSED FOR SWIM LESSONS	4:20 - 7:30pm CLOSED FOR SWIM LESSONS	5:00 - 8:45pm Open Swim Slide Running (5:05pm - 8:30pm)		
	7:30 - 8:45pm Open Swim	7:30 - 8:45pm Open Swim	7:30 - 8:45pm Open Swim			
					CLOSED	CLOSED

See Lifeguard(s) for Swim Tests.