



White Bear Lake Area YMCA GYM SCHEDULE

September 30 - October 6

	30-Sep		1-Oct		2-Oct		3-Oct		4-Oct		5-Oct		6-Oct									
	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday									
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2								
	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym								
5:00	Open Gym 5:00AM-9:30AM		Open Gym 5:00AM-10:15AM		Open Gym 5:00AM-9:30AM		Open Gym 5:00AM-11:45AM		Open Gym 5:00AM-10:30AM		CLOSED		CLOSED									
5:30																						
6:00																						
6:30																						
7:00																						
7:30																						
8:00																						
8:30																						
9:00																						
9:30	Silver Sneakers Classic 9:45AM-10:30AM		Chair Yoga 10:30AM-11:15AM		Silver Sneakers Classic 9:45AM-10:30AM		Silver Sneakers Classic 10:45AM-11:30AM		Chair Yoga 11:30M-12:15PM		Catalyst Church 7:00 AM-12:00PM											
10:00																						
10:30	Open Gym 11:00AM -12PM		Beginners Pickleball 12PM-1:30 PM Intermediate Pickleball 1:30PM-3:00PM		Open Gym 10:45AM-5:45PM		Beginners Pickleball 12PM-1:30 PM Intermediate Pickleball 1:30PM-3:00PM		Open Gym 12:30PM-8:50PM				Open Gym 7:00AM - 4:50PM									
11:00																						
11:30																						
12:00																						
12:30	Pickleball Lessons 12PM-3:00PM														Youth Basketball 5:45PM-8:15PM		Open Gym 3:15PM-8:50PM		Open Gym 3:15PM-8:50PM		Open Gym 12:15PM-4:50 PM	
1:00																						
1:30																						
2:00																						
2:30																						
3:00																						
3:30																						
4:00																						
4:30																						
5:00	Open Gym 3:15PM-8:50PM		Open Gym 8:30PM -8:50PM		CLOSED		CLOSED		CLOSED													
5:30																						
6:00																						
6:30																						
7:00																						
7:30																						
8:00																						
8:30																						
9:00																						

****Gym Schedule is subject to change, due to events, weather, and programming
There could be last minute adjustments to the gym schedule.**

Last Updated: 9/26/2024