



# Forest Lake YMCA GYMNASIUM SCHEDULE SEPTEMBER 1 - OCTOBER 19

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym
5:00	5:00am - 7:00am Open Gym		5:00am - 7:00am Open Gym		5:00am - 6:00am Open Gym		5:00am - 7:00am Open Gym		5:00am - 7:00am Open Gym		CLOSED		CLOSED	
5:30														
6:00														
6:30														
7:00	7:00am - 10:00am Drop-In Pickleball		7:00am - 10:00am Drop-In Pickleball		6:00am - 9:00am Drop-In Pickleball		7:00am - 10:00am Drop-In Pickleball		7:00am - 10:00am Drop-In Pickleball		7:00am - 11:00am Open Gym		7:00am - 11:00am Open Gym	
7:30														
8:00														
8:30														
9:00					9:00am - 10:30am Group X Class Foreverwell Strength									
9:30														
10:00	10:00am - 12:00pm Open Gym		*10:00am - 12:00pm Open Gym		10:30am - 12:00pm Open Gym		10:00am - 12:00pm Open Gym		*10:00am - 12:00pm Open Gym		11:00am - 1:00pm Drop-In Pickleball		11:00am - 1:00pm Drop-In Pickleball	
10:30														
11:00														
11:30														
12:00	12:00pm - 2:30pm Drop-In Pickleball		12:00pm - 2:30pm Drop-In Pickleball		12:00pm - 2:30pm Drop-In Pickleball		12:00pm - 2:30pm Drop-In Pickleball		12:00pm - 2:30pm Drop-In Pickleball					
12:30														
1:00														
1:30														
2:00											1:00pm - 5:00pm Open Gym		1:00pm - 5:00pm Open Gym	
2:30	2:30pm - 6:00pm Open Gym		2:30pm - 8:45pm Open Gym		2:30pm - 8:45pm Open Gym		2:30pm - 6:00pm Open Gym		2:30pm - 8:45pm Open Gym		CLOSED		CLOSED	
3:00														
3:30														
4:00														
4:30														
5:00														
5:30														
6:00	6:00pm - 8:45pm Open Volleyball						Youth Sports Basketball 6:00pm-8:15pm							
6:30														
7:00														
7:30														
8:00														
8:45														

\*\*Gym Schedule is subject to change due to events, Holidays, weather, and programming  
There could be frequent adjustments to the gym schedule.

Last Updated: 9/27/2024

To be respectful of all those who would like to use the gymnasium space, full court basketball games are not allowed when only half the gymnasium is open  
\*Pickleball & Volleyball Nets cannot be set up on the court outside of designated scheduled time

**\*NOTE: GYMNASIUM WILL BE CLOSED  
TUESDAY, OCTOBER 1ST AND FRIDAY, OCTOBER 4TH  
11AM-12PM  
FOR ACTIVE AGING WEEK EVENTS**