



St. Paul Midway YMCA

LAP POOL SCHEDULE

September 23-October 6th

NO Reservations Required (Except Water X Classes) *Schedules are subject to change*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-6:35am Lap Swim	5:00am-6:35am Lap Swim	5:00am-6:35am Lap Swim	5:00am-6:35am Lap Swim	5:00am-6:35am Lap Swim	CLOSED	CLOSED
6:40-6:45am safety break	6:40-6:45am safety break	6:40-6:45am safety break	6:40-6:45am safety break	6:40-6:45am safety break		
6:45am-7:30am Water X Class	6:45am-9:20am Lap Swim	6:45am-7:30am Water X Class	6:45am-8:50am Lap Swim	6:45am-7:30am Lap swim (3) Water Fitness(1)	7:00am-9:00am Lap Swim	7:00am-4:45pm Lap Swim
7:35am-8:50am Lap Swim		7:35am-4:55pm Lap Swim		7:30am-4:55pm Lap Swim		
9:00-9:45am Water X Class	9:30-10:15am Water X Class		9:00am-9:45am Water X Class		9:00am-12:00pm Lap Swim (1) Swim Lessons (3)	
9:55am-4:55pm Lap Swim	10:25am-4:25pm Lap Swim		9:55am-4:55pm Lap Swim			
5:00pm-6:55pm Swim Lessons CLOSED	4:30pm-6:55pm Lap Swim (2) Swim Lessons (2)	5:00pm-7:00pm Lap Swim (3) Open Swim(1)	4:30-5:00pm Lap Swim(3) Swim Lessons(1)	5:00pm-6:55pm Swim Lessons CLOSED	12:00pm-4:45pm Lap Swim	CLOSED
7:00pm-8:45pm Lap Swim (3) Open Swim(1)	7:00pm-8:45pm Lap Swim (3) Open Swim(1)	7:00pm-8:45pm Lap Swim	7:00pm-8:45pm Lap Swim (3) Open Swim(1)	7:00pm-8:45pm Lap Swim		

During Lap swim, you are required to share a lane with another swimmer if all lanes are full. This may include circle swimming. requires a pink wristband if under the age of 15 and must be swimming laps. Lessons take priority and may use a lane during open pool hours.

**Lap Swim

LEISURE POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-6:35am VORTEX ONLY	5:00am-6:35am VORTEX ONLY	5:00am-6:35am VORTEX ONLY	5:00am-6:35am VORTEX ONLY	5:00am-6:35am VORTEX ONLY	CLOSED	CLOSED
6:40-6:45am safety break	6:40-6:45am safety break	6:40-6:45am safety break	6:40-6:45am safety break	6:40-6:45am safety break		
6:45am-3:00pm VORTEX ONLY	6:45am-3:00pm VORTEX ONLY	6:45am-3:00pm VORTEX ONLY	6:45am-3:00pm VORTEX ONLY	6:45am-3:00pm VORTEX ONLY	7:00am-9:00am VORTEX ONLY	7:00am-9:00am VORTEX ONLY
3:00pm-4:25pm Open Swim Vortex On	3:00pm-4:25pm Open Swim Vortex On	3:00pm-6:00pm Open Swim Vortex On	3:00pm-4:25pm Open Swim Vortex On	3:00pm-6:00pm Open Swim Vortex On	9:00am-11:55am Swim Lessons CLOSED Vortex On	9:00am-10:00am Open Swim Vortex On
					12:00pm-4:45pm Open Swim Vortex On Slide On	10:00am-4:45pm Open Swim Vortex On Slide On
4:30pm-6:55pm Swim Lessons CLOSED Vortex On	4:30pm-6:55pm Swim Lessons CLOSED Vortex On	6:00-6:15pm safety break	4:30pm-6:55pm Swim Lessons CLOSED Vortex On	6:00-6:15pm safety break	CLOSED	CLOSED
6:45-7:00pm safety break	6:45-7:00pm safety break		6:15pm-8:45pm Open Swim Vortex On			
7:00pm-8:45pm Open Swim Vortex On	7:00pm-8:45pm Open Swim Vortex On		7:00pm-8:45pm Open Swim Vortex On			

The hot tub is closed Tuesdays and Fridays 12-2pm for cleaning. Swim Tests are offered during designated safety breaks during open swim times. Please check in with a lifeguard about availability *Vortex is limited to 15 and up. * Lessons take priority and may use space during open pool hours.