



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Lap Pool and Whirlpool Closure

October 5th from 8-3pm

**The Lap Pool and Whirlpool will be closed
for our Sharks home swim meet.**



SOUTHDAL YMCA

LEISURE POOL SCHEDULE

September 16 - October 27, 2024

***Reservations Required for all activities in the Leisure Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
		Water X Class 7:45-8:30	Water X Class 7:45-8:30	Water X Class 7:45-8:30			
		CLOSED	CLOSED	CLOSED			
Open Swim Vortex On 9:00-9:55 10:00-10:55 11:00-11:55	Open Swim Vortex On 9:00-9:55 10:00-10:55 11:00-11:55	Open Swim Vortex On 9:00-9:55 10:00-10:55 11:00-11:55	Open Swim Vortex On 9:00-9:55 10:00-10:55 11:00-11:55	18+ Vortex 9:00-9:30 9:35-10:05 10:10-10:40 10:45-11:15	Open Swim Vortex On 9:00-9:55 10:00-10:55 11:00-11:55 12:00-12:55 1:00-1:55 2:00-2:55	CLOSED	
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED			
		Water X Class 12:15-1:00	Water X Class 12:15-1:00	Water X Class 12:15-1:00			
		CLOSED	CLOSED	CLOSED			
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	Open Swim Vortex On 2:00-2:55 3:00-3:55 4:00-4:45	
						18+ Vortex 4:20-4:50 4:55-5:25 5:30-6:00 6:05-6:35 6:40-7:10	18+ Vortex 4:20-4:50 4:55-5:25 5:30-6:00 6:05-6:35 6:40-7:10
						Open Swim Vortex On 5:00-5:55 6:00-6:55 7:00-7:55	Open Swim Vortex On 5:00-5:55 6:00-6:55 7:00-7:55
18+ Vortex 4:55-5:25 5:30-6:00 6:05-6:35 Open Swim Vortex On 6:40-7:20 7:25-7:55	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
CLOSED							
CLOSED							
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	

Swim Tests will be available 5 minutes before your open swim reservation.



Southdale YMCA

Updated: 4/13/2023

WHIRLPOOL SCHEDULE

September 9 - December 15, 2024

NO Reservations Required (minimum age of 15 is required for whirlpool use)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:00am - 7:30am Whirlpool Open	5:00am - 7:30am Whirlpool Open	5:00am - 7:30am Whirlpool Open	5:00am - 7:30am Whirlpool Open	5:00am - 7:30am Whirlpool Open	CLOSED	CLOSED		
7:30-7:45 CLOSED	7:30-7:45 CLOSED	7:30-8:45 CLOSED	7:30-8:45 CLOSED	7:30-8:45 CLOSED	7:00am -4:45pm Whirlpool Open	7:00am -4:45pm Whirlpool Open		
7:45am - 8:30am Whirlpool Open	7:45am - 8:30am Whirlpool Open							
8:30-8:45 CLOSED	8:30-8:45 CLOSED							
8:45am - 9:45am Whirlpool Open	8:45am -11:55am Whirlpool Open	8:45am -11:30am Whirlpool Open	8:45am -11:30am Whirlpool Open	8:45am -11:55am Whirlpool Open	CLOSED	CLOSED		
9:45am-12:15pm CLOSED		8:45am -11:30am Whirlpool Open	8:45am -11:30am Whirlpool Open	8:45am -11:55am Whirlpool Open				
12:15pm - 8:45pm Whirlpool Open	1155-1215 CLOSED	11:30am-1:30pm CLOSED	11:30am-3:00pm CLOSED	11:55am - 1:15pm CLOSED				
	12:15pm - 1:00pm Whirlpool Open			1:15pm - 8:45pm Whirlpool Open				
	100-115 CLOSED	1:30pm - 8:45pm Whirlpool Open	11:30am-3:00pm CLOSED	1:15pm - 8:45pm Whirlpool Open				
	1:15pm - 8:45pm Whirlpool Open	1:30pm - 8:45pm Whirlpool Open	3:00pm - 8:45pm Whirlpool Open	1:15pm - 8:45pm Whirlpool Open				
							CLOSED	CLOSED