



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Lap Pool and Whirlpool Closure

**October 5<sup>th</sup> from 8-3pm**

**The Lap Pool and Whirlpool will be closed  
for our Sharks home swim meet.**



**Southdale YMCA**

# LAP POOL SCHEDULE

September 16 - October 27, 2024

***NO Reservations Required (Except Water X Classes)***

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:00am - 7:30am <b>Lap Swim (6)</b>	5:00am - 7:30am <b>Lap Swim (6)</b>	5:00am - 7:30am <b>Lap Swim (6)</b>	5:00am - 7:30am <b>Lap Swim (6)</b>	5:00am - 7:30am <b>Lap Swim (6)</b>	CLOSED	CLOSED			
7:30-7:45 CLOSED	7:30-7:45 CLOSED	CLOSED 730-845	CLOSED 730-845	CLOSED 730-845			7:00am - 8:10am	7:00am - 10:00am	
<b>Water X Class</b> 7:45am - 8:30am	<b>Water X Class</b> 7:45am - 8:30am				<b>Lap Swim (6)</b>	8:15am-1:05pm Swim Team (5) Swim Lessons (1)	<b>Lap Swim (6)</b>		
8:30-8:45 CLOSED	8:30-8:45 CLOSED								
8:45am - 1:15pm <b>Lap Swim (6)</b>	8:45am - 11:55am <b>Lap Swim (6)</b>	8:45am - 11:55am <b>Lap Swim (6)</b>	8:45am - 11:55am <b>Lap Swim (6)</b>	8:45am - 11:55am <b>Lap Swim (6)</b>	10:00am-12:00pm <b>Lap Swim (5)</b> <b>Open Swim (1)</b>				
1155-1215 CLOSED	1155-1215 CLOSED	1155-1215 CLOSED	1155-1215 CLOSED	1155-1215 CLOSED					
						<b>Water X Class</b> 12:15pm - 1:00pm	<b>Water X Class</b> 12:15pm - 1:00pm	<b>Water X Class</b> 12:15pm - 1:00pm	<b>Water X Class</b> 12:15pm - 1:00pm
						100-115 CLOSED	100-115 CLOSED	100-115 CLOSED	100-115 CLOSED
1:15pm - 4:55pm <b>Lap Swim (4)</b> <b>Open Swim (1)</b> Swim Lessons (1)	1:15pm - 5:10pm <b>Lap Swim (4)</b> <b>Open Swim (1)</b> Swim Lessons (1)	1:15pm - 4:55pm <b>Lap Swim (4)</b> <b>Open Swim (1)</b> Swim Lessons (1)	1:15pm - 2:00pm <b>Lap Swim (6)</b> 2:00pm - 3:00pm <b>Lap Swim (4)</b> Home School (2) 3:00pm - 5:10pm <b>Lap Swim (4)</b> <b>Open Swim (1)</b> Swim Lessons (1)	1:15pm - 4:55pm <b>Lap Swim (4)</b> <b>Open Swim (1)</b> Swim Lessons (1)	1:05pm - 4:45pm <b>Lap Swim (4)</b> <b>Open Swim (2)</b>				
5:00pm - 7:50pm Swim Team (5) Swim Lessons (1)	5:15pm - 7:20pm Swim Team (5) Swim Lessons (1)	5:00pm - 7:50pm Swim Team (5) Swim Lessons (1)	5:15pm - 7:20pm Swim Team (5) Swim Lessons (1)	5:00pm - 7:50pm Swim Team (5) Swim Lessons (1)					
7:50pm - 8:45pm <b>Lap Swim (4)</b> <b>Open Swim (2)</b>	7:20pm - 8:45pm <b>Lap Swim (4)</b> <b>Open Swim (2)</b>	7:50pm - 8:45pm <b>Lap Swim (4)</b> <b>Open Swim (2)</b>	7:20pm - 8:45pm <b>Lap Swim (4)</b> <b>Open Swim (2)</b>	7:50pm - 8:45pm <b>Lap Swim (4)</b> <b>Open Swim (2)</b>	CLOSED	CLOSED			

\*\*\*During Lap swim, you are required to share a lane with another swimmer if all lanes are full. This may include circle swimming.

\*\*\*Lap Swim requires a pink wristband if under the age of 15 and must be swimming laps.